

SUKHARI MUAY THAI GROUP CLASS TIMETABLE

Effective from September/October 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:30 -7:15AM (45mins)		6:30am (45mins) ALL LEVELS RIVER DAZ **BEGINS ON** **TUESDAY 8 TH OCTOBER**				
8:00-9:00AM						8:00am WOMENS MUAY THAI Spring
9:15am – 10am (45mins)						9:15am KIDS CLASS 5-13yrs Somchai
9:30 – 10:30am				9:30am WOMENS MUAY THAI Spring		
10:00 -11:00am						10:00am ALL LEVELS Somchai
4:30 – 5:15pm (45mins)	4:30pm KIDS CLASS 5-13yrs Somchai	4:30pm KIDS CLASS 5-13yrs Somchai	4:30pm KIDS CLASS 5-13yrs Somchai	4:30pm KIDS CLASS 5-13yrs Clara & Bak		
6:00-7:00PM	6:00pm ALL LEVELS Bak	6:00pm ALL LEVELS Bak	6:00pm ALL LEVELS Bak	6:00pm ALL LEVELS Bak	6:00pm ADVANCED Bak	
7:00-8:00PM	7:00pm ADVANCED Bak	7:00pm ALL LEVELS Bak	7:00p ADVANCED Bak	7:00pm ALL LEVELS Bak		