

# SUKHARI MUAY THAI GROUP CLASS TIMETABLE

Effective from February 2026



	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>8:00-9:00AM</b>						<b>8:00am WOMEN'S CLASS Spring</b>
<b>9:15am –10am (45mins)</b>						<b>9:15am KIDS CLASS 5-13yrs Somchai</b>
<b>9:30 -10:30am</b>			<b>9:30am WOMEN'S CLASS Spring</b>			
<b>10:00-11:00am</b>						<b>10:00am ALL LEVELS Somchai</b>
<b>4:30 – 5:15pm (45mins)</b>	<b>4:30pm KIDS CLASS 5-13yrs Somchai</b>	<b>4:30pm KIDS CLASS 5-13yrs Somchai</b>	<b>4:30pm KIDS CLASS 5-13yrs Somchai</b>	<b>4:30pm KIDS CLASS 5-13yrs Clara</b>		
<b>6:00-7:00PM</b>	<b>6:00pm ALL LEVELS Bak</b>	<b>6:00pm ALL LEVELS Bak</b>	<b>6:00pm ALL LEVELS Bak</b>	<b>6:00pm ALL LEVELS Bak</b>	<b>6:00pm ADVANCED Bak</b>	
<b>7:00-8:00PM</b>	<b>7:00pm ADVANCED Bak</b>	<b>7:00pm ALL LEVELS Bak</b>	<b>7:00pm ALL LEVELS Bak</b>	<b>7:00pm ALL LEVELS Bak</b>		

\*Kids Classes run during school terms only.

\*Free Trials available upon booking. More info on website [www.sukharimuaythai.com](http://www.sukharimuaythai.com). \*Casual passes not accepted to attend Advanced Classes